

Íþróttagreinar	Karlar		Konur		Samtals iðkanir		% breyting	Fjöldi íþrótta	Fjöldi héraða.
	-17	18+	-17	18+	2020	2019			
Akstursíþróttir	17	1.348	3	108	1.476	1.467	0,6%	11	8
Badminton	1.200	1.878	987	983	5.048	5.011	0,7%	23	16
Blak	420	772	671	1.697	3.560	3.317	7,3%	52	20
Bogfimi	254	332	105	127	818	736	11,1%	10	9
Borðtennis	224	222	84	46	576	464	24,1%	11	6
Dans	325	398	860	583	2.166	2.714	-20,2%	8	4
Fimleikar	4.179	318	8.937	717	14.151	14.141	0,1%	31	18
Frjálsíþróttir	1.657	475	1.802	491	4.425	4.397	0,6%	69	19
Glíma	150	305	83	75	613	592	3,5%	15	8
Golf	1.798	13.673	794	6.629	22.894	21.215	7,9%	59	23
Handknattleikur	3.545	1.279	2.257	688	7.769	7.685	1,1%	23	8
Hestaíþróttir	1.323	4.722	2.421	4.583	13.049	12.530	4,1%	43	21
Hjólreiðar	545	1.211	138	666	2.560	1.801	42,1%	15	8
Hnefaleikar	436	776	128	251	1.591	2.114	-24,7%	7	6
Íshokí	323	184	143	80	730	633	15,3%	4	2
Íþróttir fatlaðra	169	453	104	333	1.059	1.042	1,6%	17	13
Jú dó	437	345	193	69	1.044	1.028	1,6%	10	7
Karate	870	252	299	128	1.549	1.568	-1,2%	13	7
Keila	48	245	23	117	433	423	2,4%	4	3
Knattspyrna	13.269	6.442	7.543	2.008	29.262	29.998	-2,5%	129	24
Kraftlyftingar	34	827	24	441	1.326	1.375	-3,6%	17	12
Körfuknattleikur	4.258	1.916	2.160	717	9.051	8.313	8,9%	60	23
Listskautar	43	1	499	69	612	951	-35,6%	4	2
Lyftingar	61	452	21	333	867	917	-5,5%	12	8
Mótorhj.og snj.sl.íþr.	202	2.476	57	298	3.033	2.793	8,6%	19	13
Siglingar	309	977	129	256	1.671	1.895	-11,8%	8	7
Skíðaíþróttir	520	168	555	150	1.393	1.503	-7,3%	21	11
Skotíþróttir	28	5.254	6	344	5.632	5.509	2,2%	19	16
Skylmingar	119	769	24	352	1.264	1.248	1,3%	3	3
Sund	1.743	196	1.994	269	4.202	3.951	6,4%	35	20
Taekwondo	892	257	308	159	1.616	105	1439,0%	2	2
Tennis	429	698	314	523	1.964	1.254	56,6%	17	9
Þríþraut		229		197	426	1.854	-77,0%	9	4
Aikido	41	101	19	50	211	210	0,5%	1	1
Almenningsíþróttir	3.865	1.180	2.876	1.646	9.567	10.192	-6,1%	37	16
Bandý	45	56	7	18	126	127	-0,8%	2	2
Fisflug	2	238		17	257	429	-40,1%	1	1
Frisbígolf	21	170	15	36	242	94	157,4%	2	2
Hafna- og mjúkbolti	1	17		4	22	82	-73,2%	1	1
Jiu jitsu	15	92	10	60	177	177	0,0%	1	1
Klifur	536	716	457	369	2.078	1.788	16,2%	3	3
Krulla		43		8	51	52	-1,9%	1	1
Ratleikur	17	46	18	34	115	115	0,0%	1	1
Rugby	3	66		10	79	68	16,2%	2	2
Skvass		675		146	821	821	0,0%	2	2
Sviffflug	9	101	2	9	121	105	15,2%	1	1
Wushu	29	176	22	164	391	374	4,5%	1	1
<b>Samtals</b>	<b>39.827</b>	<b>49.850</b>	<b>33.666</b>	<b>24.487</b>	<b>162.088</b>	<b>159.505</b>			